



Golden Valley News Patches

Volume 22 Issue #10 October 2023

P.O. Box 556, Citrus Heights, CA 95611

GoldenVallyQuiltGuild.org

Important Information:

Next Meeting: October 26, 2023
 Next Workshop: October 28, 2023
 Newsletter Deadline: November 5, 2023
 Board Meeting: November 9, 2023
 New email GVQG@yahoo.com

VISITING QUILT WILL BE:

Pinetree Quilt Guild

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PRESIDENT'S MESSAGE

Hello Quilters!

October 2023 is here. We got a smidgen of rain, a couple of cool enough nights that we added that extra quilt to sleep under and then warm sunny days again. Good sitting down to quilt weather. For those of us that have a Facebook account, the Golden Valley Quilt Guild had a fun thread going on "What is your favorite and least favorite part of making a quilt?" It is always fun to chat with other quilters and learn new things and explore old ideas. For me, favorites and least favorites change with the times.

This month at the meeting we will have our first President's Challenge due. Leave your placemats at the Membership table as you sign in and we will put them up for all to see and place their vote. There will be a first, second and third place prize. At the meeting, I will share the next President's Challenge. Big smile here! It is fun to see all your very creative talents each month.

Fall colors are becoming some of my favorites as each year goes by. Watching the leaves on the trees change color, each variety of tree in it's own time, it is often stunning. A favorite memory to me is driving across the country from California to Virginia in October. We were taking a car to my sister. My Dad, my Mom, my 2 year old son and myself. With a toddler we stopped often at rest areas and had a little run around to stretch our legs. One stop was in Kentucky, we ran up a little green mound of a hill, gathered a pile of gorgeous orange, red and brown leaves and threw them up in the air to rain down on our heads. As I sit here writing this, I can remember twirling around in my red dress, and I still can see the beauty of the vibrant colors in my mind.

There have also been some cute siting's of fabric pumpkins this month. Tonight at a friend's home, one sat atop her piano. What a fun creative way to decorate for the season. So many fabric choices-yet they all seem to work just fine. This one was plaid. A plaid pumpkin? Really? It looked like a pumpkin to me! Have any of you ever made a fabric pumpkin? Bring them and show us all at the next meeting!

Until next month, SheilaG



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<i>GVQG Board Member</i>	<i>Name</i>	<i>Contact #</i>
President	Sheila Galuza	916-600-2504
President Elect	Judy Scollay	916-215-2739
Secretary	Natalie Davey	916-612-7812
Treasurer	Gwenyth Dunbar	916-844-7788
Treasurer Elect	Gwyneth Dunbar	916-844-7788
Program Director	Donna Dale Pam Conrad	916-988-8062 916-847-4062
Program Director Elect	Dana Janis	916-416-0179
Member at Large	Linda Sliepen	916-725-2800
Membership	Faith Grunwaldt Michelle Mills	916-413-0882 916-806-6876
NCQC Representative	Vicki Walter	916-225-9949
Committees		
Advertising	Valerie Wong	916-347-2640
Advertising Co-Chair	OPTIONAL	
Bring & Brag	Nancy Grundel	916-505-1264
Community Service	Phyllis Esteves Gabriele Wildanger Jody Groves	916-849-6050 916-204-3080 916-601-5289
Batting	Hazel Williams	916-967-0780
Friendship	Kimberly Hess	916-838-1640
Hospitality	Pat Gossett	916-600-5921
Mercy Retreat	Cordelia Min	916-965-8567
Mini Groups	Karen Gray	916-969-9778
NCQC Representative	Vicki Walter	916-225-9946
Newsletter	Leann Dickinson	916-223-8569
Op. Quilt Scheduling	Rachele Doty	916-307-9996
Op. Quilt Tickets	Martha Hess	916-222-9075
Op. Quilt Travel	Sue Terwilliger	916-722-1705
Op. Quilt – Visiting	Dianne Round	916-961-3321
Prop. Management	Mary Ward	408-218-0801
Quilted Treasures	Liz Johndreau	916-721-6993
Sit & Sew	Linda Sliepen	916-952-6019
Web Master	Vicky Walter	916-225-9949
Zeyphr Retreat	Gwyneth Dunbar Christine Canelo Barbie Robertson	916-838-1175 916-769-5690 916-475-4350
Bylaw	PENDING	
Financial Review	PENDING	
Historian	VACANT	
Luncheon	Candice Burer Tracy Trimble	916-508-7554 707-718-2948
Block of the Month	Linda Sliepen Tracy Trimble	916-952-6019 707-718-2948



Kathleen	Quilty	10/2
Sally	Flake	10/6
Cindi	Oseto	10/11
Martha	Kumkel	10/12
Debbie	Solem-Schultz	10/18
Chad	Zimmerman	10/23
Nancy	Holinski	10/25
Vivian	Ticer	10/25
Claudia	Sumpter	10/28

If it is your birthday, please be sweet and share a treat.





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Last	First	Sept
Gontjes	Mary	1
Gossett	Patricia	5
Groves	Jody	1
Hess	Kimberley	2
Hoogland	Betty	2
Hryce	Jude	5
Jackman	Sara	1
Lee	Susan J	1
Markell	Lauren	4
Min	Cordelia	1
Olson	Candy	8
Purdue	Beverly	1
Samuelson	Jane	1
Scollay	Judy	1
Sliepen	Linda	1
Williams	Hazel	22
	Total	58

Community Service

You members continue to amaze us with your quilt donations!!!

The guild does ask that all of our members donate at least one quilt per year to Community Service. We appreciate everyone's contributions!

Jody, Phyllis and Gabriele

Organization	August
Bishop Gallegos	9
Loaves and Fishes	
Mercy Hospice	4
Mercy Peddlers	12
VA - Mather	13
UC Davis	
Volunteers of America	12
Other	6
Total	56

Treasurer's Report

Bank Balance beginning of month	\$34,442.93
Monthly Income	\$0.00
Monthly Expenses	\$1,772.78
Net Income/Loss	(\$1,772.78)
Bank Balance at end of month	\$32,670.15
Less Dedicated Funds:	
Mercy Retreat-Income	\$8,277.00
Zephyr Retreat-Income	\$1,503.03
Charitable/Education	\$5,073.41
Available Funds at end of month	\$17,816.71



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Programs

Expect some fabulous opportunities in the next few months that will inspire you, challenge you, and educate you in your quilting adventures.

OCTOBER: Our October meeting on Thursday, October 26 will bring Arlene Arnold presenting “A Journey – Kentucky to California 1864.” Sharing the story of her great, great grandmother’s move during the end of the Civil War, at age 17 ½. Arlene will illustrate her story with antique quilts dating 1820 – 1870.

A workshop is offered on Saturday, October 28, 10:00 – 2:00 with Kim Brownell teaching us the art of making fabric greeting cards, embellished using your own creativity. The class fee is \$20. There is an initial kit fee of \$7.00. There is room for additional participants. Text Donna Dale at 916-622-7822 to reserve a spot in the class. The supply list will be available at October 26 meeting.

NOVEMBER: We are fortunate to have Lyn Wilder presenting “The Geography of a Quilt” at our Thursday, November 16 meeting. Lynn is currently designing fabric and block of the month challenges for Marcus Brothers Fabric Co. She will also conduct a workshop, “Calico Cottages,” a paper piecing class on Saturday, November 18th. 9:30 – 3:30. This class assumes that participants have experienced paper piecing. Class fee is \$40. For members and \$45. For non-members. A sample will be available at our October 26th meeting. Presently there is room for a few more participants. Text Donna Dale at 916-622-7822 to reserve a spot.


DECEMBER: Our holiday potluck and program will be announced separately.

JANUARY: Community Service sew-in to be announced.

Meet the Teacher for Dinner!

Olive Garden
5445 Sunrise Blvd, Citrus Heights 95610
5:00 pm

RSVP Pam Conrad
916-847-4062

Long Arm Quilting	
Quilt by Machine	
	Debra Ludden
6136 Villa Capri Court Carmichael, CA 95608	
916-834-9247	
debraludden@gmail.com	



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Bring and Brag September 2023

Jane Samuelson	1 Quilt
Swiftly's Group	5 Boho Quilt
Vickie Kinsey	1 Quilt
Sheila Foster	Freetable Quilt
Nancy Sahrakar	2 Quilts, 1 Bag
Phyllis Esteves	1 Quilt
Wendy Radford	Tahoe Water Quilt, Wedding Quilt
Della Goss	Owl Pillow for Fall
Rachel Hernandez	Patriotic Quilt
Mary Gontjes	Sunflower and Crow, Freetable Block
Judy Scollay	Paper Pieced Blocks



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Golden Valley Quilt Guild September 28, 2023

Meeting Minutes

Call to order @ 7:00pm

of members 74

of guests 4

Birthdays were announced and no one volunteered their age at this meeting.

Visiting Guild was Oroville Piecemakers with their beautiful quilt-

“Forest Floor”. At the end of the meeting, they thanked our guild for being so generous.

***There was a correction** to the last meeting minutes (the correct meeting date is October 26) and the corrected minutes were approved.*

Newsletter deadline is October 5th

Board meeting October 12 at your president’s home. All are welcome, please just text ahead so that there will be a chair ready for you.

Committee reports-

Martha H with the opportunity quilt- left paid for tickets at the membership table to be picked up.

Candice B. with the luncheon committee- reported that the venue has been changed to St Marks. Less space, so the committee is deciding on the logistics. There will still be the challenge quilt- see Tracy T for information and also the silent auction.

Linda S with the BOM- showed Octobers quilt block made by Tracy T that was made using your favorite applique method. If you are new to applique, Material Girlfriends on their website give step by step instructions.

Gwyneth D talked about the Zephyr retreat- The next retreat will be the first week of June, from Sunday to Friday. Please sign up! The first deposit of \$200.00 is due at signing up.

Christine C reported that she and Barbie R are working of the swag bags for the next luncheon.



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Pam C and Donna D said the next guest speaker will be Arlene Arnold. She will be sharing a family history from Kentucky to California when the Civil War was drawing to an end. Arlene will not be having a workshop, But, our own Kim Brownell will have a workshop on making greeting cards with cloth and a sewing machine. Class will be on October 28, Class fee is \$20 with a kit fee payable to the teacher of \$7.00.

November 18th's class will be with Lynn Wilder on paper piecing. \$40.00 for the class and it is not for beginners.

Old Business

Two members made their cross body bag from the Sulky class. Jeanne and Candice- a quick pick a number and Candice won the box of goodies donated by Sulky.

President's challenge- make a placemat. One rule- a plate and glass must not tip over. Bring to the October meeting and 1st, 2nd and 3rd prized will be awarded.

New Business

Author of a book called 'Scraps' sent an email to the guild. Members asked that the information be included in the next Newsletter.

Program

Member Demonstrations. There were 7 demonstrations by our own members. A good time was had learning new and old things.

Bring and Brag So much beauty! Look in the body of the newsletter to see who all showed and what they showed.

Drawings Door prize drawings- Michelle had the president draw the winning numbers and in the excitement of seeing who won, she forgot that she was also taking the meeting minutes. The winners were thrilled with their gifts donated by Swifty Stitches and membership!

Adjournment 8:38pm



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and other Creatives

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(916) 965-8567

<https://www.etsy.com/shop/CordeliaQuiltsStore>



If you know of a guild member who
needs a little, or a lot, of encouragement
or a congratulation, call Kimberly Hess
so she can send out a card from the guild.

CALENDAR OF EVENTS:

Pacific International Quilt Festival

October 12-14, 10 am to 5pm

October 15, 10 am to 4pm

Santa Clara Convention Center, Santa
Clara

Beauty on the River 2023 Quilt Show

Oroville Piecemakers Quilt Guild

November 4, 10am-5om

November 5, 10am -4pm

Mooretown Rancheria Gym, Oroville

Quilt Show and Sale

Pioneer Quilters Guild

November 10, 10am-5pm

November 11, 10am-4pm

Mahany Fitness Center, Roseville



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In Need

Hello Quilters,

Linda Zisko has a contact in N. Ca that is an attorney in Maui. This contact asked for quilts as the folks they are working with have nothing.

It is a C-3 non profit. When asked what sizes of quilts, the answer was, "All sizes as they have nothing!"

Thank you guild members!



Please look for new members
and make them feel welcome.
EVERYONE - Wear your name tag!



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9045 Fair Oaks Blvd, Ste D, Carmichael, CA 95608
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Monday – Saturday: 10:00am – 4:00pm
Sunday: 10:00am – 2:00pm

Time Sew Along.

Zoom with us from 10:00 a.m. to 2:00 p.m.

The Zoom invitation will be sent out Friday night or early Saturday morning. If you haven't already done so, download the Zoom app on your laptop, tablet, iPad or phone; then click on the email invitation to launch the app and join the meeting. Join us for chit-chat, laughs, giggles and sewing. We'll be together rain or shine. Mark your calendar for our next Zoom session on November 11th.

Linda




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ZEPHYR RETREAT 2024

Beautiful Lake Tahoe is calling your name. Come join us for five days of quilting bliss. A six foot table all to yourself and no setup or take down because the room will be locked every night. Fun, games, snacks, you won't want to miss this fun time!

Zephyr Retreat 2024: Sunday, June 2nd to Friday, June 7th

The room rates are \$140 per night and the meal plans are \$224 per person. Our setup/takedown fee is \$275 and will be divided up among the number of attendees we have. We have 10 rooms reserved and we need a minimum of 20 meal plans purchased. Rooms are single, double, or triple occupancy, with a limited number of single, triple or ADA rooms available.

Member Fee: approximately \$475 to \$675 (Based on double or triple occupancy)

Non-Member Fee: approximately \$495 to \$695 (Based on double or triple occupancy)

Signup sheets will be available at the September guild meeting and attached to this newsletter.

Payment schedule is as follows:

September: \$200

November: \$200

January: Remaining balance

Any questions contact: Christine Canelo, Gwyneth Dunbar or Barbie Robertson



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GVQG ZEPHYR POINT RETREAT APPLICATION

Join us for a five-day retreat at Zephyr Point Conference Center, located on beautiful Lake Tahoe, a few miles northeast of South Lake Tahoe, in Zephyr Cove, Nevada.

Sunday, June 2nd to Friday, June 7th, 2024

Member Fee: Approximately \$475 to \$675 based on triple or double occupancy. Single rooms will be higher. Non-Member Fee: Approximately \$495 to \$695 based on triple or double occupancy. Single rooms will be higher.

Fee includes: • Single, double, or triple occupancy room • 14 meals: Sunday dinner through Friday breakfast • Use of Inspiration Point workroom as our sewing room; secured at night and during meals (6- or 8- foot table per attendee); setup and takedown fee.

Payment Schedule: September: \$200 November: \$200 February: Outstanding balance Payment (personal check) can be made to "GVQG" at the meetings, or mail payment to: Gwyneth Dunbar, 7469 Walnut Rd., Fair Oaks, CA 95628.

Questions: Barbie Robertson: barbiicrobertson@gmail.com,
Christine Canelo: auntchris@hotmail.com,
Gwyneth Dunbar: irishlass12@att.net

Keep upper portion of form and turn in lower portion

Name _____ Phone _____

Membership # _____ Email _____

Cell _____ Special

needs _____

_____ (physical impairment affecting room assignment, dietary needs, allergies, etc.)

Room Preference (single, double, triple) 1 st choice _____ 2nd

choice _____ Roommate(s)

preference _____ Circle one: Early riser

Late riser Other

considerations _____

_____ (light sleeper, snorer, etc.) Emergency Contact:

Name _____ Family/friend _____

Phone _____ Payment:

Name _____ Check # _____



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Runs with Scissors
QUILT SHOP

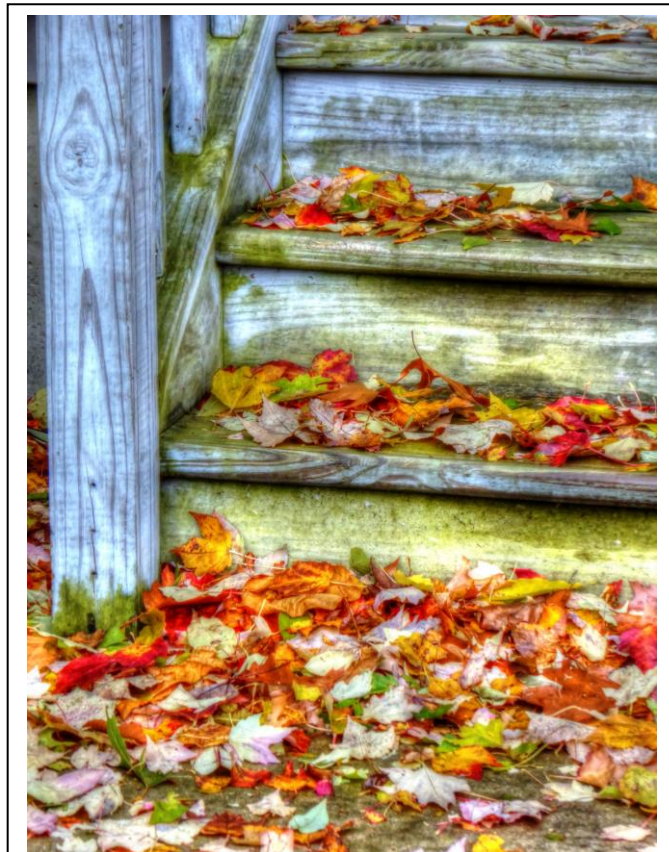


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Mercy Retreats—June 2024 2 Spots Open!

We have 2 spots left at the June 2024 Mercy Retreat. Registration will be open to non-members after the September meeting. This is the full experience with games, dessert, prizes, and shenanigans! Cost includes 24-hour use of the sewing room, a single-occupancy room, eight meals (dinner Thursday - breakfast Sunday) , amazing cookies & endless coffee.

Dates: Thursday, June 13 – Sunday, June 16, 2024 (Father’s Day weekend)

Fee (based on 2023 rate, and subject to change): \$370 for members, \$390 for non-members

The registration form is available on the guild website. A deposit of \$95 is needed to hold your spot (\$115 for non-members). You can turn it in at a meeting, or mail it to Cordelia Min, 8742 Baxter Way, Orangevale 95662.

Payment schedules for the Mercy retreats:

Month	WINTER Retreat	JUNE Retreat
With Registration	FULL	\$95
October	\$85*	
November		\$95
January		\$95
March		\$85*

*Balance due

BOM

The “I Love Us All Year Long” quilt pattern was designed as a Block of the Month pattern. Each month the pattern and instructions are passed out by Tracy and Linda for the next block. If you cannot attend the meeting but still want the pattern, it is available on the Material Girlfriends website, <https://materialgirlfriends.com/2023-i-love-us-sew-along/> as a free download. Additional tips or video instructions to help you with your block are available on the Material Girlfriends website also; and Tracy and Linda are available during our Sew-Along Zoom sessions on the second Saturday of the month to answer your questions and/or demo various concepts. For those who don’t like downloading from the internet, if you send Tracy your name and email address, she has offered to make a PDF file of the monthly block and send it out so that you can print that.

Tracy Trimble and Linda Sliepen



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Golden Valley Quilt Guild

2024 Mercy JUNE Retreat Registration

Thursday, June 13 – Sunday, June 16, 2024

This is the full experience with games, dessert, prizes AND shenanigans!

Cost includes 24-hour use of the sewing room, a single-occupancy room, **eight** meals (dinner Thursday - breakfast Sunday) amazing cookies & endless coffee. Massages are available at an additional cost.

Fee (based on 2023 rate, and subject to change):

\$370 for members

\$390 for non-members

Name

Phone

Address

City

State

Zip

Email

Cell #

Emergency

Contact:

Phone:

Cell #

Do you need a first-floor room (there is no elevator to the 2nd floor)?

Yes

No

Are you a nurse, or familiar with first aid?

Yes

No



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Submission of this signed registration with your **deposit of \$195 (\$115 for non-members)** indicates that you agree to and will abide by the cancellation/refund policy below and the rules of the Mercy Center including COVID-19 protocols. An application does not guarantee a space in the retreat. Spaces will be filled on a first come, first served basis starting in August 2023 for members, and September 2023 for non-members. Your payment will not be deposited unless you are accepted. The remaining payments are due by the following meeting dates:

Nov. 2023 – \$95

Jan. 2024 -- \$95

Mar. 2024 – \$85 or balance due

CANCELLATION & REFUND POLICY: You understand that you may not attend the retreat if you are sick, and if you become sick at the retreat you must leave the facility immediately. If you cancel for any reason, you agree to full payment for the retreat unless a replacement can be found. If we fill your vacancy, any payments you have made will be refunded when we receive payment from the replacement.

Signature of Applicant (Required)

Date

Special requests, quilt buddies, etc. (Note: the Mercy Center cannot accommodate special dietary needs, please bring additional food to supplement as needed):



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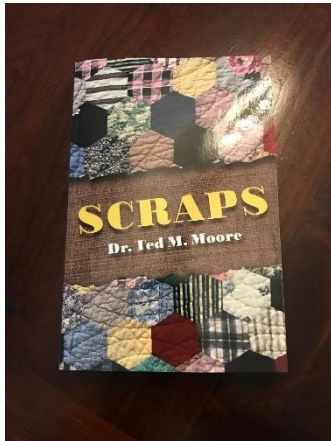
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HOT OFF THE PRESSES

Dr. Ted M. Moore wrote a new novel called “Scraps” It was inspired by a hope quilt my mother made for my father while he was flying 32 missions in a B-17 bomber over Nazi Germany during WW II. She was pregnant with me at the time. It is now available in print on BookBaby Bookshop, Barnes & Noble or Amazon (slower delivery) or can be instantly downloaded as an e-book. It is a work of fiction suitable for anyone except children due to some violence but no bad words or explicit sexual content. I do think it is a good read and somewhat unique with a quilt as the connecting link. I have attached a short summary and picture of the cover which is my dad’s quilt.

About the Book



Jake Conner has spent the last three years fighting a war he never really believed in. As he returns to his Arkansas home – his best friend in a makeshift coffin – he wants nothing more than a life removed from the senselessness of war. Fruitful days on his farm with his sons Steven and Glen. Peaceful nights with his wife Sue beneath the quilt she made for him in the hope he would indeed one day return.

But life is neither its happiest moments nor its darkest days. It is a tapestry of scraps, like the quilt itself. And in the years that follow, the owners of that quilt will see life in all its fullness, for better or worse. It will shelter Steven in his final hours. It will comfort an adopted daughter in the aftermath of unspeakable tragedy.

From parent to child, generation to generation, Scraps will witness joy and sorrow, good and evil, and the people who experience it all. It will journey with Glen and Lucy from the remote soil of Arkansas to the burgeoning city of Dallas. It will accompany Rachel and experience wealth and society in Boston. It will travel with Mary and Jeremiah to Chicago and encounter violence and bloodshed.

And when it’s needed most, it will find its way home once more to Sue, to say goodbye, before returning north again with her great granddaughter.

Scraps is a journey of love, loss and family spanning the years from the end of the Civil War through WW II.