



Golden Valley News Patches

Volume 22 Issue #11 November 2023

P.O. Box 556, Citrus Heights, CA 95611

GoldenVallyQuiltGuild.org

Important Information:

Next Meeting: November 16, 2023
 Next Workshop: November 18, 2023
 Newsletter Deadline: December 5, 2023
ZOOM Board Meeting: January 11, 2024
 New email GVQG@yahoo.com

VISITING QUILT WILL BE:

Loomis Quilt and Fiber Guild

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PRESIDENT'S MESSAGE!

Hello Quilters,

After a day sewing with some SewBees, it is time to write a message for the newsletter. There is something about sewing, creating, and visiting with friends that just feeds something inside of me.

Our guild has several mini groups. These are groups that meet together outside of the guild meetings. Some meet weekly, some meet every other week and some meet once a month. Some meet in the daytime and some meet in the evening. Karen Gray is the chairperson to contact if you would like to be in or start a mini group.

In November we remember our Veterans. Did you "Thank a Veteran" for the liberty that we have known in our great country?

On the latest shop hop, with our four local quilt shops, a group was sewing on patriotic quilts to be donated to Quilts of Honor. I was immediately invited to join them: there is room for more quilters, and there is always a need for these quilts! So, another mini group option is to check with our local quilt shops and see what days that they have sewing groups that meet up.

A quilter was traveling across the country and in a quite deserted area she got a flat tire on her car. A young man stopped and quickly changed her tire for her. Briefly visiting as he was working, she found out that he was a veteran. She got his address after she told him that she was a quilter and would make him a quilt to thank him for his service to our country. I loved hearing her accounting of the story and the happy ending as he loved the quilt that she made just for him.

And, Thanksgiving! I am a traditional girl who loves family traditions. Not going to see that this year... *hahaha*, My sister in law's sister has invited us to an outdoor pit BBQ. They are providing the meat, and we are to bring a potluck dish/side and beverages. Mac and Cheese have never been on our family's menu but I see it is common in the south, in the breaking traditions theme, maybe that will be what we bring this year! What are your favorite family traditions?

And lastly, It is Quiltville's Bonnie K Hunter's mystery quilt time of the year. Look in the newsletter for further information about

"Indigo Way".

Happy quilting, SheilaG



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<i>GVQG Board Member</i>	<i>Name</i>	<i>Contact #</i>
President	Sheila Galuza	916-600-2504
President Elect	Judy Scollay	916-215-2739
Secretary	Natalie Davey	916-612-7812
Treasurer	Gwenyth Dunbar	916-844-7788
Treasurer Elect	Gwyneth Dunbar	916-844-7788
Program Director	Donna Dale Pam Conrad	916-988-8062 916-847-4062
Program Director Elect	Dana Janis	916-416-0179
Member at Large	Linda Sliepen	916-725-2800
Membership	Faith Grunwaldt Michelle Mills	916-413-0882 916-806-6876
NCQC Representative	Vicki Walter	916-225-9949
Committees		
Advertising	Valerie Wong	916-347-2640
Advertising Co-Chair	OPTIONAL	
Bring & Brag	Nancy Grundel	916-505-1264
Community Service	Phyllis Esteves Gabriele Wildanger Jody Groves	916-849-6050 916-204-3080 916-601-5289
Batting	Hazel Williams	916-967-0780
Friendship	Kimberly Hess	916-838-1640
Hospitality	Pat Gossett	916-600-5921
Mercy Retreat	Cordelia Min	916-965-8567
Mini Groups	Karen Gray	916-969-9778
NCQC Representative	Vicki Walter	916-225-9946
Newsletter	Leann Dickinson	916-223-8569
Op. Quilt Scheduling	Rachele Doty	916-307-9996
Op. Quilt Tickets	Martha Hess	916-222-9075
Op. Quilt Travel	Sue Terwilliger	916-722-1705
Op. Quilt – Visiting	Dianne Round	916-961-3321
Prop. Management	Mary Ward	408-218-0801
Quilted Treasures	Liz Johndreau	916-721-6993
Sit & Sew	Linda Sliepen	916-952-6019
Web Master	Vicky Walter	916-225-9949
Zeyphr Retreat	Gwyneth Dunbar Christine Canelo Barbie Robertson	916-838-1175 916-769-5690 916-475-4350
Bylaw	PENDING	
Financial Review	PENDING	
Historian	VACANT	
Luncheon	Candice Burer Tracy Trimble	916-508-7554 707-718-2948
Block of the Month	Linda Sliepen Tracy Trimble	916-952-6019 707-718-2948



Linda	Zisko	11/4
Jayma	Valentine	11/5
Kristine	Gross	11/6
Kim	Brownell	11/17
Gabriele	Wildanger	11/8
Ann	Barrow	11/9
Judie	Montgomery	11/9
Gloria	Hansen	11/11
Cordelia	Minn	11/12
Dana	Janis	11/20

If it is your birthday, please be sweet and share a treat.





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HUGE SHOUT OUTS!!

Lotte Reed donated 29 quilts in September to Loaves and Fishes and it was not noted in the Newsletter, so we want to give a shout-out of thankfulness to Lotte for all her hard work and dedication to keep on making quilts and donating them to those in need.

1:57



Paul Marshall

19h · 🌐

Tonight my mom won the Good Neighbor Award from the City of Citrus heights, for over 10 years my mom has made 100 quilts for the under privileged children of Citrus heights and gave them to the Police department to hand out at Christmas, Way to go Mom, Congrats 🍷👏



Community Service

You members continue to amaze us with your quilt donations!!!

The guild does ask that all of our members donate at least one quilt per year to Community Service. We appreciate everyone's contributions!

Jody, Phyllis and Gabriele

More information can be found on page 15.

Treasurer's Report

Bank Balance beginning of month	\$32,670.15
Monthly Income	\$3,738.50
Monthly Expenses	\$1,595.24
Net Income/Loss	\$2,143.26
Bank Balance at end of month	\$34,813.41
Less Dedicated Funds:	
Mercy Retreat-Income	\$9,000.00
Zephyr Retreat-Income	\$1,913.13
Charitable/Education	\$5,073.41
Available Funds at end of month	\$18,826.87



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Programs

As 2023 is coasting towards the end of the year, our programs are getting attention and classes have been popular and full. Pam and Donna are very happy with members enthusiasm and feedback from speakers and workshop topics.

NOVEMBER 16 and 18

We are thrilled to have Lynn wilder returning to present “the Geography of a Quilt” on Thursday, November 16th. Lynn has been quilting for 25 years and teaching for 14 years. She has designed 38 traditional quilts, and has written a resource manual, “Patchwork Math.”

Currently she is a fabric and block of the month designer for Marcus Fabrics – her dream job. Visit her blog, sewnwildoaks.blogspot.com for her classes, recipes, quilting tutorials and the pattern for the class on Saturday, November 18th. You will also find foundation fabric for “Calico Cottages, our pattern for the class. There is room for a couple more participants.

DECEMBER 14

Holiday party, pot-luck and program – to be announced.

JANUARY 25

Community Service sew-in

FEBRUARY 22 and 24

Anelie Belden, the queen of Dresden and author of “Thoroughly Modern. Dresden.” She will be presenting, “Dresden dance trunk show” on February 22nd and conducting a workshop, “Gypsy Summer” on February 24th. You may sign up for the workshop beginning at our November meeting.

MARCH 28 and 30

The ever popular, Colleen Granger will be returning with another presentation on March 28th and conducting a workshop on March 30th. She believes that, “If you’re not having fun, then you shouldn’t be doing it.” Whatever “it” may be. Her passion for quilting began 20 years ago when she was a helicopter mechanic in Alaska for the Air Force. Workshop topic to be announced. These dates are scheduled for Easter weekend. They are subject to change, stay tuned for an update.

Long Arm Quilting	
Quilt by Machine	
	Debra Ludden
6136 Villa Capri Court Carmichael, CA 95608	
916-834-9247	
debraludden@gmail.com	



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Bring and Brag October 2023

Laurene Fitzpatrick	Quilt
Judi Montgomery	Quilt
Faith Grunwaldt	2 Quilts
Judy Scollay	Poinsettia Ornament
Lauren Markell	Winter Dresden Village
Jean Davis	2 Quilts
Mary (Jimi) Ross	2 Quilts
Christine Canelo	Ghost Quilt
Linda Zisko	Nativity Paper Piece
Candace Buerer	“Cozy” Jacket and “deco” Quilt
Wendy Radford	2 Quilts for Maui
Jullia Sackett	Pillow



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Meeting Minutes – October 26, 2023

Meeting called to order at 7:00pm

Visiting Quilt Guild: Pine Tree Quilt Guild

Newsletter Deadline: October 5, 2023

Minute Corrections: None reported - Minutes approved as printed

Committees Reports:

Next Board Meeting: November 9, 2023 at Sheila Galuza's house

Zephyr Retreat: June 2-7, 2024, many spots left

Program Speaker: Arlene Arnold – A Journey – Kentucky to California 1864

Community Service: 48 quilts turned in at meeting

Block of Month: 20 patterns printed for Christmas

Presidents Challenge: Novembers challenge pillowcases from your stash, due at the meeting. Winners of October 1. Tracy Trimble 2&3. JoAnn Lewis

Announcements:

Cord covers have been found.

Raising of the annual dues to \$40 and monthly gues to \$5

Christmas luncheon on Saturday December 8th

Volunteer needed to chair the 2025 Opportunity Quilt

Door Prizes Winners: Nancy Grundel, Mary Gontjes, Jane Samuelson

Quilted Treasures Winners: Phyllis Esteves, Natalie Davey. Gwyneth Dunbar, Mary Gontjes, Beverly Purdue

Attendance: 61 members, 9 guests

Meeting Adjourned: 9:03pm



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THANKSGIVING BY BILL VOLKOV



The wind pushes down the road, a warm breeze
just warm enough.
Thank you for a word...a whisper.
So many colors surround, leaves falling, carpeting a
soft path.
Thank you for a life of memories, so full and bright.
A time of transition, neither summer nor winter,
a time of rest,
a moment to contemplate.
Thank you for your patience, at times undeserved.
A thought, a subtle gesture,
a warm fire, an ever dimming light,
a time to gather together.
Thank you for being summer, and I winter,
yet we always meet in the fall.



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INDIGO WAY

Hello Quilters!

IT is that time of the year again! Bonnie K Hunter has released the colors for her winter mystery, **Indigo Way**, featuring stories and colors from her trip to Vietnam with other quilters this year.

Go to:

https://quiltville.com/pdf/IndigoWay_Intro_full.pdf

to download the introduction post with the colors of this year's mystery given in Lowe's paint chip colors.

Even if you are not interested in participating, I encourage you to go to her blog:

<https://quiltville.blogspot.com/>

and read the story of her travels to Vietnam.

Every Friday, starting after Thanksgiving, she releases the next chapter of the story and the next clue in the mystery to sew.

This part of the story always gives me goosebumps- Why does Bonnie choose to do a mystery quilt at this busy time of the year? She says, "I am glad that you are busy, with families, traditions and friends." "But, not everyone is, and I am doing this for them." The rest of us can join in if we want to. Such a beautiful gift.

Enjoy, SheilaG

President's Challenge 2023

Hello Quilters!

This is the reminder that the next President's challenge will be "Make as many pillowcases for the children as possible". At the November meeting, we will award 1st (\$30), 2nd (\$20) and 3rd (\$10) place prizes for the most pillowcases turned in. Our Community Service team has made arrangements to give the pillowcases to three different local children's organizations. They are very excited to receive all that we make and donate! This is a great opportunity to use some of your stash fabrics.

See ya all a week earlier this month for our meeting!

(Third Thursday, Nov 16th)

- SheilaG



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Please look for new members
and make them feel welcome.
EVERYONE - Wear your name tag!

If you know of a guild member who needs a little, or a lot, of encouragement or a congratulation, call Kimberly Hess so she can send out a card from the guild. Kimberly's contact information is: 916-838-1640 or email at dalsnquilts@yahoo.com

Time Sew Along ■



Zoom with us from 10:00 a.m. to 2:00 p.m.

The Zoom invitation will be sent out Friday night or early Saturday morning. If you haven't already done so, download the Zoom app on your laptop, tablet, iPad or phone; then click on the email invitation to launch the app and join the meeting. Join us for chit-chat, laughs, giggles and sewing. We'll be together rain or shine. Mark your calendar for our next Zoom session on January 13th.
Linda



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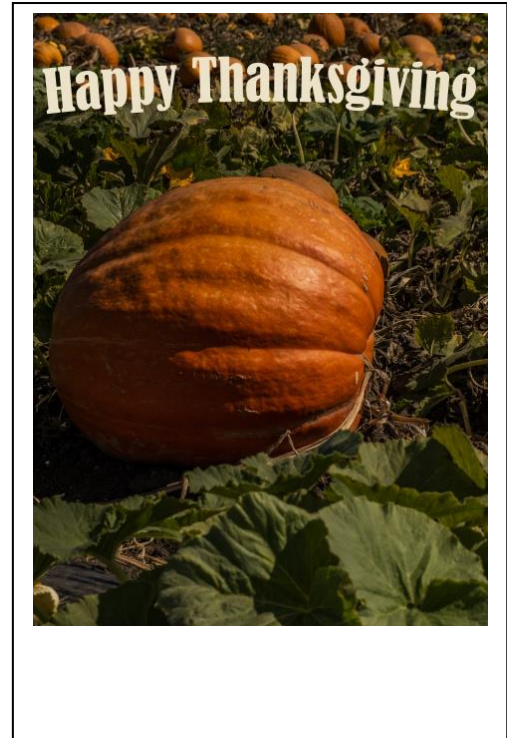

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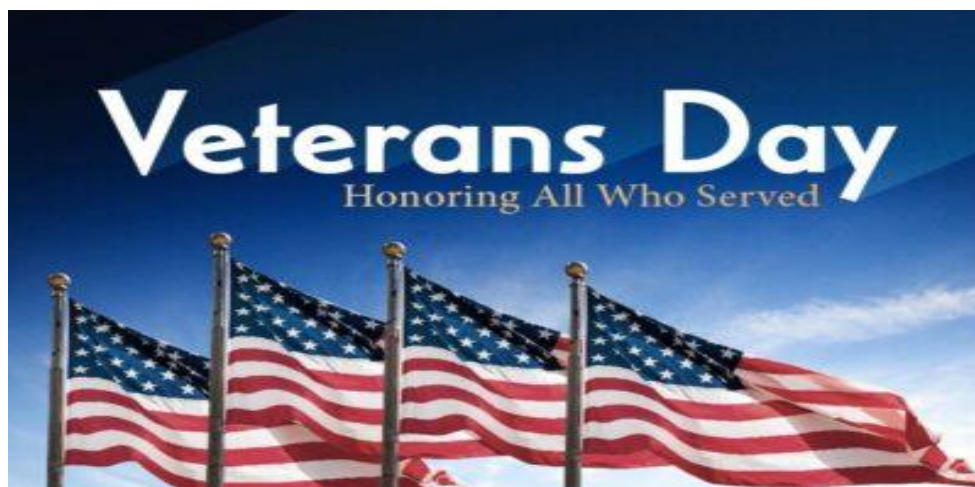







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Sacramento (916) 920-2121 2417 Cormorant Way	Folsom (916) 984-7071 98 Clarksville Rd., Ste. 150	Roseville (916) 791-2121 9250 Fairway Dr., Ste. 110	Santa Rosa (707) 575-5259 1455 Santa Rosa Ave.	San Jose (408) 264-4880 4688 Meridian Ave.
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ZEPHYR RETREAT 2024

Beautiful Lake Tahoe is calling your name. Come join us for five days of quilting bliss. A six foot table all to yourself and no setup or take down because the room will be locked every night. Fun, games, snacks, you won't want to miss this fun time!

Zephyr Retreat 2024: Sunday, June 2nd to Friday, June 7th

The room rates are \$140 per night and the meal plans are \$224 per person. Our setup/takedown fee is \$275 and will be divided up among the number of attendees we have. We have 10 rooms reserved and we need a minimum of 20 meal plans purchased. Rooms are single, double, or triple occupancy, with a limited number of single, triple or ADA rooms available.

Member Fee: approximately \$475 to \$675 (Based on double or triple occupancy)

Non-Member Fee: approximately \$495 to \$695 (Based on double or triple occupancy)

Signup sheets will be available at the September guild meeting and attached to this newsletter.

Payment schedule is as follows:

September: \$200

November: \$200

January: Remaining balance

Any questions contact: Christine Canelo, Gwyneth Dunbar or Barbie Robertson



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GVQG ZEPHYR POINT RETREAT APPLICATION

Join us for a five-day retreat at Zephyr Point Conference Center, located on beautiful Lake Tahoe, a few miles northeast of South Lake Tahoe, in Zephyr Cove, Nevada.

Sunday, June 2 nd to Friday, June 7 th, 2024

Member Fee: Approximately \$475 to \$675 based on triple or double occupancy. Single rooms will be higher. Non-Member Fee: Approximately \$495 to \$695 based on triple or double occupancy. Single rooms will be higher.

Fee includes: • Single, double, or triple occupancy room • 14 meals: Sunday dinner through Friday breakfast • Use of Inspiration Point workroom as our sewing room; secured at night and during meals (6- or 8- foot table per attendee); setup and takedown fee.

Payment Schedule: September: \$200 November: \$200 February: Outstanding balance Payment (personal check) can be made to "GVQG" at the meetings, or mail payment to: Gwyneth Dunbar, 7469 Walnut Rd., Fair Oaks, CA 95628.

Questions: Barbie Robertson: barbiicrobertson@gmail.com,
Christine Canelo: auntchris@hotmail.com,
Gwyneth Dunbar: irishlass12@att.net

Keep upper portion of form and turn in lower portion

Name _____ Phone _____

Membership # _____ Email _____

Cell _____ Special

needs _____

_____ (physical impairment affecting room assignment, dietary needs, allergies, etc.)

Room Preference (single, double, triple) 1 st choice _____ 2nd

choice _____ Roommate(s)

preference _____ Circle one: Early riser

Late riser Other

considerations _____

_____ (light sleeper, snorer, etc.) Emergency Contact:

Name _____ Family/friend _____

Phone _____ Payment:

Name _____ Check # _____



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Runs with Scissors
QUILT SHOP

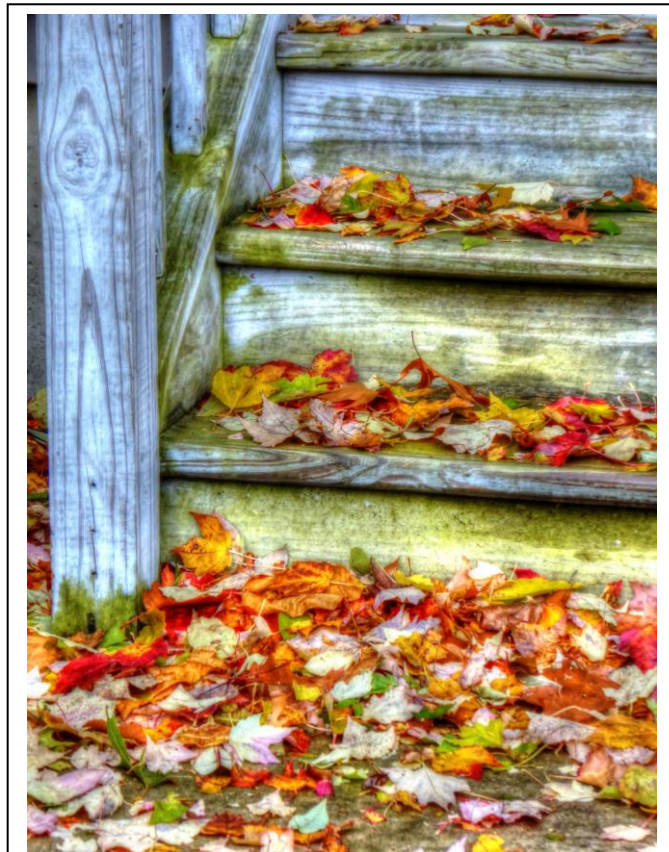


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Mercy Retreats—June 2024 2 Spots Open!

We have 2 spots left at the June 2024 Mercy Retreat. Registration will be open to non-members after the September meeting. This is the full experience with games, dessert, prizes, and shenanigans! Cost includes 24-hour use of the sewing room, a single-occupancy room, eight meals (dinner Thursday - breakfast Sunday) , amazing cookies & endless coffee.

Dates: Thursday, June 13 – Sunday, June 16, 2024 (Father’s Day weekend)

Fee (based on 2023 rate, and subject to change): \$370 for members, \$390 for non-members

The registration form is available on the guild website. A deposit of \$95 is needed to hold your spot (\$115 for non-members). You can turn it in at a meeting, or mail it to Cordelia Min, 8742 Baxter Way, Orangevale 95662.

Payment schedules for the Mercy retreats:

Month	WINTER Retreat	JUNE Retreat
With Registration	FULL	\$95
October	\$85*	
November		\$95
January		\$95
March		\$85*

*Balance due

BOM

The “I Love Us All Year Long” quilt pattern was designed as a Block of the Month pattern. Each month the pattern and instructions are passed out by Tracy and Linda for the next block. If you cannot attend the meeting but still want the pattern, it is available on the Material Girlfriends website, <https://materialgirlfriends.com/2023-i-love-us-sew-along/> as a free download. Additional tips or video instructions to help you with your block are available on the Material Girlfriends website also; and Tracy and Linda are available during our Sew-Along Zoom sessions on the second Saturday of the month to answer your questions and/or demo various concepts. For those who don’t like downloading from the internet, if you send Tracy your name and email address, she has offered to make a PDF file of the monthly block and send it out so that you can print that.

Tracy Trimble and Linda Sliepen



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Golden Valley Quilt Guild

2024 Mercy JUNE Retreat Registration

Thursday, June 13 – Sunday, June 16, 2024

This is the full experience with games, dessert, prizes AND shenanigans!

Cost includes 24-hour use of the sewing room, a single-occupancy room, **eight** meals (dinner Thursday - breakfast Sunday) amazing cookies & endless coffee. Massages are available at an additional cost.

Fee (based on 2023 rate, and subject to change):

\$370 for members

\$390 for non-members

Name

Phone

Address

City

State

Zip

Email

Cell #

Emergency

Contact:

Phone:

Cell #

Do you need a first-floor room (there is no elevator to the 2nd floor)?

Yes

No

Are you a nurse, or familiar with first aid?

Yes

No



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Submission of this signed registration with your **deposit of \$195 (\$115 for non-members)** indicates that you agree to and will abide by the cancellation/refund policy below and the rules of the Mercy Center including COVID-19 protocols. An application does not guarantee a space in the retreat. Spaces will be filled on a first come, first served basis starting in August 2023 for members, and September 2023 for non-members. Your payment will not be deposited unless you are accepted. The remaining payments are due by the following meeting dates:

Nov. 2023 – \$95

Jan. 2024 -- \$95

Mar. 2024 – \$85 or balance due

CANCELLATION & REFUND POLICY: You understand that you may not attend the retreat if you are sick, and if you become sick at the retreat you must leave the facility immediately. If you cancel for any reason, you agree to full payment for the retreat unless a replacement can be found. If we fill your vacancy, any payments you have made will be refunded when we receive payment from the replacement.

Signature of Applicant (Required)

Date

Special requests, quilt buddies, etc. (Note: the Mercy Center cannot accommodate special dietary needs, please bring additional food to supplement as needed):



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Got Fleece...that you want to donate to a good cause? **By Chris Aceituno-Phelan**

First, thank you for welcoming and supporting our Canine Companion puppies and making them feel welcome at the Guild's meetings and workshops. I think I can speak for Sue, Karen, Jody, Debbie, Linda and myself when I say your support is deeply appreciated. Most often, these puppies begin their journey in the home of a volunteer who helps mama birth these amazing dogs and nurture them for the first 8 weeks. A plastic wading pool is usually their "labor and deliver room" and their "nursery" for the first few weeks. Fleece covers provide a single, soft underlayer so the puppies don't get stuck under a blanket or other bedding. This fleece cover also provides some traction for those babies to help them make their way around the pool and toward mom when it's time to nurse and tend to dull the cracking sound that the plastic pools make when mom moves around.

We are in the process of making these covers and I'm looking for donations of fleece and 3/4 or 1" elastic. If you have either of these items in your stash from projects or hobbies that you've abandoned, I would be thrilled to take it off your hands. And/or, perhaps someone you know has these items and would also like to donate them to a great cause; please pass the word. You can contact me directly via email at christina6116@sbcglobal.net or text/voice at the (916)243-8307 and I will happily arrange pickup. Thank you for your consideration.

Take care ~ Chris Aceituno-Phelan
(916) 243-8307



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Classifieds

4 Drawer Sewing Desk \$100

55"W x 25.5"D x 28.5"H

opening for machine 16.75" x 14"

Della Goss home 916-966-1716

text 916-396-7379

email: jerry-goss@sbcglobal.net

