



Golden Valley News Patches

Volume 22 Issue # 5 May 2023

P.O. Box 556, Citrus Heights, CA 95611

GoldenVallyQuiltGuild.org

Important Information:

Next Meeting: *May 25, 2023*
 Newsletter Deadline for May: *June 5, 2023*
 New email GVQG@yahoo.com
 Board Meeting: *June 8, 2023*

VISITING QUILT WILL BE:

RIVER CITY

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May 2023

PRESIDENT'S MESSAGE

Hello Quilters!

May Day! My first memory of what our family calls May Day, happened when I was in Elementary School. The teacher helped us to make a basket out of construction paper, and we filled it with flowers made from tissue paper and pipe cleaners. We were told to place it on the doorstep at home, ring the doorbell, then run and hide so that our Mothers would receive a fun surprise. I still remember Mama's delight when she opened the door and found it. She wondered aloud who had left her such pretty flowers, and the basket was in the center of the dinner table that night. I was hooked! When I had little girls, I taught them the same tradition of May 1st. We made May baskets together, then we'd fill them with paper flowers we'd made, or artificial flowers, and of course, when the bloom happened at the right time, flowers from our own garden. We would deliver them to the grandma's doorsteps, ring the bell and hide behind the nearest tree to enjoy each Grandma's delight of discovery. Last year, on May 1st, my doorbell rang. When I opened the door, there was a beautiful Lily plant, and no one in sight. I still don't know exactly how it was accomplished, but my daughter who lives in another state made it happen!

Was this the beginning of my love of flowers? Different fabric designers often have floral patterns. Kaffe anyone? I am looking forward to making the Laura Heine pattern, "The Dress". Flowers Everywhere!

-SheilaG

**MAY WORKSHOP IS BEFORE
 THE GUILD MEETING AND HAS
 OPEN SPOTS AVAIABLE!**



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<i>GVQG Board Member</i>	<i>Name</i>	<i>Contact #</i>
President	Shelia Galuza	916-990-0837
President Elect	Judy Scollay	916-215-2739
Secretary	Natalie Davey	916-612-7812
Treasurer	Gwyneth Dunbar	916-844-7788
Treasurer Elect	Gwyneth Dunbar	916-844-7788
Program Director	Donna Dale Pam Conrad	916-988-8062 916-847-4062
Program Director Elect	VACANT	
Member at Large	Linda Silepen	916-725-2800
Membership	Faith Grunwaldt Michelle Mills	916-413-0882 916-806-6876
NCQC Representative	Vicki Walter	916-225-9949
Committees		
Advertising	Valerie Wong	916-347-2640
Advertising Co-Chair	OPTIONAL	
Bring & Brag	Nancy Grundel	916-505-1264
Community Service	Gabriele Wildanger Phyllis Esteves	916-204-3080 916-849-6050
Batting	Hazel Williams	916-967-0780
Friendship	Kimberly Hess	916-838-1640
Hospitality	Pat Gossett	916-600-5921
Mercy Retreat	Cordelia Min	916-965-8567
Mini Groups	Karen Gray	916-969-9778
NCQC Representative	Vicki Walter	916-225-9946
Newsletter	Leann Dickinson	916-223-8569
Op. Quilt Scheduling	Sharon Baxter	916-955-4148
Op. Quilt Tickets	Martha Hess	916-222-9075
Op. Quilt Travel	Sue Terwilliger	916-722-1705
Op. Quilt – Visiting	Dianne Round	916-961-3321
Prop. Management	Mary Ward	408-218-0801
Quilted Treasures	Liz Johndreau	916-721-6993
Sit & Sew	Linda Sliepen	916-952-6019
Web Master	Vicky Walter	916-225-9949
Zeyphr Retreat	Gwyneth Dunbar Christine Canelo Barbie Robertson	916-838-1175 916-769-5690 916-475-4350
Bylaw	PENDING	
Financial Review	PENDING	
Historian	VACANT	
Luncheon	Claudia Forrest	901-626-8094
Block of the Month	OPTIONAL	
Secret Sisters	OPTIONAL	
Special Events	OPTIONAL	
Special Quilt Projects	OPTIONAL	



Lieselotte	Reed	5/3
Vickie	Walters	5/10
Melissa	Ward	5/10
Diana	Solem-Schultz	5/11
Becky	Montgomery	5/13
Patricia	Gossett	5/13
Irene	Moser	5/27
Mary	Moulton	5/27
Zoe	Meegan	5/30
Rita	Traxler	5/31

If it is your birthday, please be sweet and share a treat.

MEMBERSHIP REPORT:

Michelle Mills and I are happy to serve as your new Membership Chairs! We are glad to report that there were 62 members in attendance for our April meeting. We had two guests and welcomed three new members.

The new members are Debbie Flanders, Dana Janis and Cheryl Williams. Our guests were Sara Jackman and Suzette Lamar. The Swifty's door prize was a beautiful layer cake created by the designer Christiane Marques titled "Florence," and won by Pat Gossett. The guild door prize was a lovely stack of fat quarters and some trendy little scissors, won by one of our guests!

Membership Chair, Faith Grunwaldt, will be joined by Michelle Mills in May.



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Cordelia Quilts
 Longarm Services, Custom Creations & Upcycled Products
 Email: CordeliaQuilts@Outlook.com
 (916) 965-8567
<https://www.etsy.com/shop/CordeliaQuiltsStore>

JUNE is the month we will be learning about English paper piecing with Paula Harden. She has taught classes for Quilters Corner before they closed and is highly respected in the field of English paper piecing.

The class which will be held on June 24th will provide learners with her techniques, resources and ideas for projects, including free patterns available on the internet, and where to buy supplies. A kit of supplies is necessary for the class at \$18. It includes template, papers, and other goodies. Please bring cash. There are openings at \$40. Contact Donna Dale: ddale803@sbcglobal.net to register.

MAY WORKSHOP:

Our presenter for May will be Helen Rice, who is a great believer in recycling fabric. Rather than have a workshop on Memorial Weekend, she will teach a Rooster Collage class on Saturday, May 20th. By the end of class, you will have produced a 16" x 20" Rooster using your bright colored or small motif fabric scraps or you may buy a kit of scraps from Helen. During the class you will construct the rooster on an Appliqué2 or Fusing mat. The completed Rooster will then be placed on the background fabric and further embellishments, such as flowers, will be added.

This is a fun way to use some of your Kaffe Fassett scraps and when finished you will have a wall hanging, pillow top, or a nice gift for a rooster fan.

A Laura Heine pattern is required which can be purchased from Helen on the day of the class for \$25. unless you already have one. A supply list will be available when you sign up for the class.

PROGRAMS – WORKSHOPS - EVENTS

Unless otherwise stated, all general meetings are at St. Marks Lutheran Church on the 4th Thursday of the month at 7:00 p.m.

Workshops are 9:30 a.m. to 3:30 p.m. (set up is at 9:00-9:30 a.m. and clean up is at 3:00 – 3:30 p.m.)

If you would like to take a workshop, please contact:

Christine Canella at 916-769-5690 or Barbie Robertson at 916-475-4350



Cameo's Sit 'N Sew & More
 Workshop Space for Quilters
 and other Creatives
 Evening times (4pm-10pm) available for
 groups on weekends and some weekdays.
 Please email for information
peggy@cameossitnsew.com

UPCOMING PROGRAMS:

MAY MEETING:	Speaker: Helen Rice	
MAY WORKSHOP:	Helen Rice	Rooster, Hen, Bee
	May 20 th	\$25.00 Fee
JUNE MEETING:	Paula Harden	
JUNE WORKSHOP:	English Paper Piecing Techniques	
	June 24 th	



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Community Service - March

Thanks to all who contributed quilts and other items during the month of February. 28 Quilts, plus additional items

Mary Gontjes 3	Pat Gossett 5
Lauran Markell 2	Caroyln Manson 2
Betty Hoogland 1	Sandee Rudolph 1
Faith Grundwaldt 2	Qwyneth Dunbar 1
Candy Olson 4	Pam Conrad 1
Jane Samuelson 3	Unknown donation 1
Debbie Walker-Steffens 1	
Jody Groves 1 + 12 Burp Cloths	
Robin Bess 25 preemie beanies	

Thank you to all plus additional kudos our delivery persons, Jody Groves, Phyllis Esteves, Sue Lee, Rachel Hernandez, and Mary Ward. Thank you, ladies.

Gabriele Wildanger and Phyllis Esteves
Co-Chairs Community Service

A special thank you goes to Lauren Markell for all her help with Community Service. Make sure you say thank you next time you see her!

Long Arm Quilting

Quilt by Machine



Debra Ludden

6136 Villa Capri Court
Carmichael, CA 95608

916-834-9247

debraludden@gmail.com



Treasurer's Report - April 2023

Bank Balance beginning of month	\$41,912.14
Monthly Income	\$1,484.00
Monthly Expenses	\$973.18
Net Income/Loss	\$510.82
Bank Balance at end of month	\$42,422.96
Less Dedicated Funds:	
Mercy Retreat-Income	\$7,839.29
Zephyr Retreat-Income	\$10,965.00
Charitable/Education	\$11,168.00
Available Funds at end of month	\$12,450.67

Runs with Scissors

QUILT SHOP



Fabric

Notions

Longarm Services

New Large Classroom



916-722-2500
quiltredhead@aol.com
www.runswithscissorsquiltshop.com

New Location: 7525 Auburn Blvd., Suite 1
Citrus Heights, CA 95610



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Calendar of Events

Always check for updated information when going out of town.

May 6th - 7th

Quilt Show: Pine Tree Quilt Guild, Grass Valley
"Springtime in the Pines" Quilt Show
10am - 4pm both days
For more information: www.pinetreequiltguild.com
Nevada County Fairgrounds, 11228 McCourtney Rd.

May 20th and 21st

Gateway to Yosemite Quilt Show
Please see flyer in newsletter

June 10th

Needle Nellies Quilt Show
Rotary Stamp Mill Park on the corner of Main and
Harkness streets in Georgetown.

June 16-18

Orangevale Grange Expo

<https://www.ovsummerpalooza.com/grange-expo/>

June 24th

Country Store - Foothill Quilters, Auburn. 10am - 4pm, free
admission, free parking.
Parking Lot sale of everything from fabric, notions, buttons,
books and everything quilty to UFOs.



If you know of a guild member who needs a little, or a lot, of encouragement or a congratulation, call Kimberly Hess so she can send out a card from the guild. Kimberly's contact information is: 916-838-1640 or email at dalsnquilts@yahoo.com



Day & Evening Sit & Sews Available
15% Birthday Discount
Rewards Points for most products

9045 Fair Oaks Blvd, Ste D, Carmichael, CA 95608

(916) 696-6710 / www.swiftystitches.com

Corner of Fair Oaks Blvd & San Juan Ave

Monday – Saturday: 10:00am – 4:00pm

Sunday: 10:00am – 2:00pm



Debbie Flanders
Dana Janis
Cheryl Williams

Please look for new members
and make them feel welcome.
EVERYONE - Wear your name tag!



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This, That and a Couple Other Things...

There's a position on the GV Board called Member-at-Large. Ever wonder what that person's responsibilities are? Well, it's right there in the guild bylaws, which are posted on our website. This person is in charge of the suggestion box and member surveys; presents member suggestions to the board; tallies ballot votes, except for the election of officers; and performs other duties as they pertain to the position.

The Member-at-Large oversees the suggestion box which sits forlornly at the far end of the membership table at every meeting. ANYONE can make a suggestion, anonymously or claimed, either positive or negative. For example, one year a member with extreme allergy sensitivity had difficulty breathing when sitting near another member who wore a particularly strong perfume. A note in the suggestion box made us aware of the issue so we could remind everyone that no one should go into anaphylactic shock just because they attended a meeting. Granted, very few people have such drastic sensitivities to allergens, but we are a social club and want to make every effort to have a welcoming atmosphere for all.

Recently, an incident occurred where a flip comment spoken in jest was not taken well by a member who found it hurtful. I must remind you, that a person's perceptions are their reality; therefore, the comment was hurtful and angered other witnesses to the incident. Please remember, words have consequences, just like actions do. Mom's old adages to think before you speak and never say anything if you can't say anything nice are still true today. In this case apologies have been made, but wouldn't it have been better to have chosen words more carefully in the first place. I am just as guilty as the next person when it comes to putting my foot in my mouth. It could easily have been me that made this flip, unfiltered remark; hence, the reminder to all.

The second Saturday of the month. That means it's Sew-Along day. Join us on Zoom for fun, laughter, and maybe even a little sewing. The invitation to join the Zoom session will appear in an email from Golden Valley Quilt Guild.

We recently changed from the Gmail platform to the Yahoo platform for email so if you think you're not getting your newsletters and emails, please check in your "spam" file first. If you do find GVQG messages are being sent to your spam file instead of your in-box, the solution is simple. Just add GVQG and Golden Valley Quilt Guild to your list of contacts. All the email addresses had to be manually entered into the new system. It's possible that a typo was made along the line. If you are still having a problem, send an email to Sheila Galuza, Leann Dickinson, Linda Sliepen or leave a message with Faith Granwaldt at the membership table. We will resolve the issue as fast as possible.

Linda Sliepen

SHARE AND CARE:

Janet Gilstrap- This year I was very fortunate to travel to Paducah Quilt Week with my husband & quilting sister & her husband. We had a wonderful time and the quilts were fabulous! Then I even got to go to Missouri Star in Hamilton t



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April Meeting Minutes:

Meeting called to order at 7:07pm. Judy Scollay stepping in as acting president for Sheila Galuza.

Visiting Quilt Guild: Antelope Quilters Guild

Attending: 55 members. We welcomed 2 new members and 2 guests.

Opportunity Quilt: Sue Terwilliger hung our current opportunity quilt for the members. It is lovely.

Mercy Retreats: Cordelia Mim reported that both retreats were full.

Treasurer Report: Vicki Walter made note that there are 2 openings for Zepher Cove. They new Bylaws committee met last night, April 26th. Our web site is up and running. It works, but there is a problem with the email. Continuing research to correct this problem is ongoing.

Zepher Cove: Pam Conrad reported that she is taking sign-ups for the remaining two spaces left for the retreat in June.

Programs: Pam Conrad and Donna Dale showed samples for the upcoming workshop on Saturday, April 30th. There is one remaining seat available. See Donna or Pam to sign up. The class is a Laura Heine like pattern. Sample for the English Paper Piecing class on June 24th was shown also. The teacher will be our speaker in May. No speaker tonight--it is our annual tea party.

Bring and Brag: Quilts were shown by the following members--Betty Hoogland, Bea Haralson, Hazel Williams, Jean Davis, Sandie Mixa, Dana Janis, Mary Gontjes, Kim Brownell, Judie Hiya, Cordelia Min, Sheila Foster and Jody Groves. Cordelia also mentioned that she had a sale on her Etsy site and the buyer was none other than Lori Holt!!

Door Prize: The door prizes were won by Suzette LaMar (guest) and Pat Gossett

Meeting adjourned at 8:43pm **Program:** Judy Scollay - Trunk Show

Minutes submitted by Julie Sackett, acting secretary for Natalie Davey



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Winter Mercy Retreat

Winter Retreat is February 5-8, 2024. All spots are full but they are still adding to the wait list. Please contact Cordelia Min at 916-965-8567 for information.

Learn with Leann

Something I learned this past month that would be very helpful to me. If you are sending me an email that is guild related, please please send it to GVQG@yahoo.com and not my personal. I promise it will get lost. I am entering fair season right now and I am inundated with emails. I don't want to accidentally miss your guild related emails

I greatly appreciate it.

Love and Light-- Leann

Volunteers Needed!

WE NEED YOU!

WHAT: The vacant position for Luncheon Chair 2024 needs to be filled NOW.

WHY: Claudia Forrest has had to resign because of health issues.

WHO: YOU can say yes or make it a TWO person chair role with a friend!

WHEN: ASAP. Send your willing acceptance to GVQG@yahoo.com

WHAT ELSE: The luncheon committee is made up of wonderful, experienced ladies. Claudia is willing to orient you to decisions made and get you up to speed.

Our guild luncheon is the major source for guild income. If you have attended a past luncheon, you know what a memorable event this every other year. Please consider taking this role. You will enjoy the satisfaction of seeing it come to life in 2024!

ZEPHYR RETREAT – June 4-9, 2023

Come join us in beautiful Lake Tahoe.

We still have space available for members or non-members. Please check with your family and friends to see if anyone is interested. If you belong to another quilt guild, please ask if anyone would like to join us. A double room is \$616 and a triple room is \$501. The price includes lodging for five nights and three meals a day.

If you have any questions, please contact Gwyneth Dunbar email: irishlass12@att.net or call 916-838-1175.

Christine Canelo email: auntchris@hotmail.com

Barbie Robertson email: barbiecrobertson@gmail.com



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GVQG ZEPHYR POINT RETREAT APPLICATION

Join us for a five-day retreat at Zephyr Point Conference Center, located on beautiful Lake Tahoe, a few miles northeast of South Lake Tahoe, in Zephyr Cove, Nevada.

Sunday, June 4th to Friday, June 9th, 2023

We are offering a three-tier system depending on how many members are in a room. The room rate is a flat \$140 a night and meals are \$224. Our setup/takedown fee of \$275 will be divided up between the number of attendees we have. We have 13 rooms available for us and we need a minimum of 20 meal plans purchased.

Member Fee: approximately \$475 to \$675

Nonmember Fee: approximately \$495 to \$695

Fee includes:

- Single, double or triple occupancy room
- 14 meals: Sunday dinner through Friday breakfast
- Use of Inspiration Point workroom as our sewing room; secured at night and during meals (6- or 8-foot table per attendee); setup and takedown fee

Payment schedule:

November: \$200 January: \$200 March: outstanding balance

Payment (personal check) can be made to "GVQG" at the meeting, or mail payment to: Gwyneth Dunbar, 7469 Walnut Rd., Fair Oaks, CA 95628

Questions: Christine Canelo: auntchris@hotmail.com or Barbie Robertson: barbiicrobertson@gmail.com

Keep upper portion of form and turn in lower portion

Name _____ Phone _____ Membership # _____

Email _____ Cell _____

Special needs _____
(physical impairment affecting room assignment, dietary needs, allergies, etc.)

Room Preference (single, double, triple) 1st choice _____ 2nd choice _____

Roommate(s) preference _____

Circle one: Early riser Late riser

Other considerations _____
(light sleeper, snorer, etc.)

Emergency Contact: Name _____ Family/friend _____

Phone _____

May 2023

Payment: Name _____ Check # _____




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Notary Services by R. Doty

Rachele Doty
Mobile Notary
Specializing in Services to Seniors
916-307-9996

Time to Sew Along.

Zoom with us from 10:00 a.m. to 2:00 p.m.

The Zoom invitation will be sent out Friday night or early Saturday morning. If you haven't already done so, download the Zoom app on your laptop, tablet, iPad or phone; then click on the email invitation to launch the app and join the meeting. Join us for chit-chat, laughs, giggles and sewing. We'll be together rain or shine. Mark your calendar for our next Zoom session on June 10th.
Linda



Sew Sweet Savings

BIG Giveaways Each Weekend!
Visit any 5 store locations to get your sweet giveaway while supplies last!
Everybody wins when you unwrap savings each week! 35% off storewide, 40% off any sewing machine, Free Fabric and much more!



Unwrap Your Sweet Giveaway in your FREE Chocolate Bar!

<p>11/12 SATURDAY</p> <p>Door Buster Prize: Arrow Chair!</p> 	<p>11/19 SATURDAY</p> <p>Door Buster Prize: bernette b64!</p> 	<p>11/25 BLACK FRIDAY</p> <p>Door Buster Prize: Baby Lock Zest!</p> 
<p>11/26 SATURDAY</p> <p>Giveaway: Advent Calendar!</p> 	<p>12/3 SATURDAY</p> <p>Door Buster Prize: Riccar Gem and MiniAttachment!</p> 	<p>12/10 SATURDAY</p> <p>Door Buster Prize: Daylight Lamp!</p> 
<p>12/17 SATURDAY</p> <p>Door Buster Prize: bernette b33!</p> 	<p>12/24 SATURDAY</p> <p>Door Buster Prize: Sewing Essentials Gift Basket!</p> 	<p>Special Holiday Make and Take Projects! Disney's Frozen Ornaments! Reversible Holiday Napkins! Christmas Tree Skirt!</p> <p>Check the online schedule for each store location*</p> 

* Limit one per person. Offer ends December 24, 2022.



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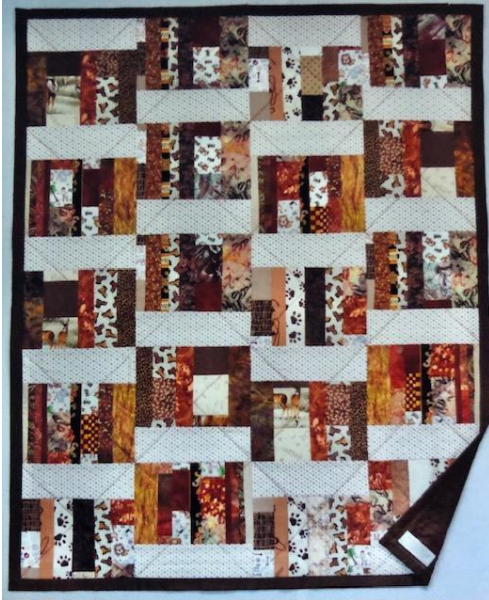
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TIPS and TRICKS

Fellow Quilters, I want to encourage you to use your scraps & miscellaneous strips (any width) for Community Service quilts. Here's an example with directions you might want to use.



15" of fabric needed for twenty 3"x10" horizontal rectangles.
Strips of fabric need to be WOF, & can be any width.
Make your own strips out of scraps for variety.

Directions:

- 1 - Sew together lengthwise enough WOF strips that will measure 10" across.
- 2 - Sew 4 sets (strata's) of these 10" wide strata's.
- 3 - Cut across each strata into 7-3/4" sections; this makes 20 sections.
- 4 - Sew the sections to the rectangles. (See the example above.)
- 5 - Trim to make 10" squares.
- 6 - Arrange the blocks as per example above.
- 7 - This makes a quilt top approximately 39" x 48".

From Hazel Williams



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Guild Members—

It is that time of year where the Orangevale Grange is hosting their annual Expo. June 16-19, 2023 is the the Expo and it is being held at the Orangevale Park on Filbert Ave. This is open to anyone who lives, works or belongs to a group/club in Orangevale and Fair Oaks.

There are divisions for all sorts of textile and fiber arts, food preservation, arts and crafts and so much more. Go to <https://www.ovsummerpalooza.com/grange-expo/> to look at the handbook and enter.

We are also looking for judges. If you want to be a judge, enter in a division or need more information please reach out to Leann Dickinson.



Bring and Brag: Quilts were shown by the following members-- Betty Hoogland, Bea Haralson, Hazel Williams, Jean Davis, Sandie Mixa, Dana Janis, Mary Gontjes, Kim Brownell, Judie Hiya, Cordelia Min, Sheila Foster and Jody Groves. Cordelia also mentioned that she had a sale on her Etsy site and the buyer was none other than Lori Holt!!



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April Tea Meeting

From Shelia G. - I missed the April Tea last month, but I have heard some great chatter about it. Several new members said it was a great opportunity to get acquainted with the guild and make new friends. Several older members, that is years with the guild older- not age older, remember their first tea with fond memories. Thank you to those that stepped up to make it happen, and maybe, just maybe, someone will start now, thinking up how to make next year's tea another special guild gathering!

From Linda, Leann and Tracy- Thank you for all the donations of Fat Quarters to help with the table center pieces.



Quilts of Honor

Did you like the Quilts of Honor Presentation we did at the Christmas Luncheon? Is there a special veteran in your life that you would like to nominate for a Quilt of Honor too? It's time to start working on your quilt now for another presentation at this year's luncheon. You design and make the quilt top, then pass it off to Quilts of Honor to be quilted. It is returned to you with a storage bag for binding and attachment of the special QofH dedication label. The Del Campo Junior ROTC Cadets have already volunteered to do the Presentation of Colors again this year. For more information, contact Linda Sliepen, Sandee Rudolph or Cathy Zimmerman. Information fliers with the nomination form are available on the front counter under the windows at Cameo's Sit and Sew.



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Golden Valley Quilt Guild Classified Page

Bernina Model 1008 \$500.00

This is an older model 1008 that is made with metal and was just serviced. It has all its parts, including a walking foot, several feet and some accessories.

Proceeds will go to the guild.

Please contact Pam Conrad at 916-847-4062 or conradpam@comcast.net

