



Golden Valley News Patches



Golden Valley Quilt Guild
P.O. BOX 556
Citrus Heights, CA 95611

www.goldenvallyquiltguild.org
GoldenValleyQuiltGuild@gmail.com

Volume 17 Issue #12
December 2018

December Program

Christmas Luncheon

Ho Ho HO

GVQG ANNUAL HOLIDAY POTLUCK
LET'S JINGLE & MINGLE
SATURDAY * DECEMBER 8TH * 11 TO 2

Please Bring:

- A dish to share – savory or sweet
- A wrapped gift for the gift exchange (\$15 limit) *not mandatory* □ *but it will be a lot of fun!*
- A holiday mug for your drinking pleasure
- Your favorite Christmas or winter themed quilt

Coffee, tea, and hot cider will be provided

So whether you're naughty or nice, don't think twice!

*Join us for some holiday fun,
and let's get our jingle on!*

Snippets . . . from the president

The holidays are well underway and I hope you all had a wonderful Thanksgiving celebration with family and friends.

On November 18 my husband Jerry and I drove to Chico to deliver the community service quilts. I was humbled to realize what we take for granted every day and what these fire victims have lost. Thank you so much for your generous donations to help these folks. The quilts were really appreciated and were going to be delivered to some of the shelters that afternoon yet.

Hoping to see you at our upcoming Christmas luncheon December 8. Not a clue what Donna has planned but I know it will be fun. And don't forget...one of us may be the lucky winner of our "Catch a Falling Star" opportunity quilt.

In closing I would like to quote Clement C. Moore's "The Night Before Christmas"

"And I heard him exclaim as he drove out of sight ...Merry Christmas to All and to All a Good Night...."

My wish to you and Happy Quilting.

Lauren



Hello Quilters . . .

What if we all make a New Year's Resolution?

I resolve to attend at least one guild workshop in the year 2019. The price is right! The friends are great! The workshops are cool! Already know all the techniques being taught? That's okay, come anyway for the fun time of sewing with others instead of alone in your studio!

Don't need another quilt? That's okay, sew a quilt for community service.

We, at programs, are working to get a 'year at a glance' on the webpage so that you can see ahead what is coming and make your choices. We encourage you to go to the speaker/teacher's website and check out their work. You will be amazed sometimes at the talent!

And, as always, please give input to the program chairpersons (directly or through the suggestion box, etc.) if you have a teacher you'd like to come to the guild, or if there is a technique that you are interested in learning, let us know!

Sheila - Program Chair

Next Newsletter Deadline:

January 10th

PLEASE mark your calendar!

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GVQG Board - 2018 to 2019

President	Lauren Markell	425-418-0203
President Elect	Tracy Trimble	916-568-9690
Secretary	Vicki Walter	916-459-3021
Treasurer	Cordelia Min	916-965-8567
Treasurer Elect	Pat Gossett	916-961-8752
Program Chair	Sheila Galuza	916-990-0837
Program Chairs Elect	Kristine Gross	916-276-3564
	Sandra Rudolph	916-725-0830
Member at Large	Carolyn Monson	916-521-6556

Committees - 2018 to 2019

Advertising	Valerie Wong	916-967-6746
Block of the Month		
Bring & Bag	Nancy Grundel	916-505-1264
Community Service	Sharon Baxter	916-955-4148
	Donna Palmer	916-342-7194
	Batting Hazel Williams	916-967-0780
Friendship	Kimberley Hess	916-838-1640
Historian		
Hospitality	Carol Black	916-725-9478
	Maureen Niemeyer	916-967-9383
Luncheon Chair	Pam Conrad	916-847-4062
Membership	Linda Sliepen	916-725-2800
Mercy Retreat	Cordelia Min	916-965-8567
Mini Groups	Karen Gray	916-969-9778
NCQC	Mary Boyer	916-995-4164
Newsletter Editor	Carolyn Monson	916-521-6556
Opportunity Quilt'19	Linda Sliepen	916-725-2800
Opport. Quilt Tickets	Bev Purdue	916-967-8432
Opport. Quilt Travel	Faith Grunwaldt	916-412-0882
	Phyllis Esteves	916-849-6050
Oppor. Quilt-Visiting	Dianne Round	916-961-3321
Prop. Management	Carol Black	916-725-9478
Quilted Treasures	Liz Johndreau	916-721-6993
	Rebecca Larson	916-903-9457
Secret Sisters	Marueen Niemeyer	916-967-9383
Special Quilt Projects:		
	Mystery Quilt Tracy Trimble	916-568-9690
Web Master	Carolyn Monson	916-521-6556
Zephyr Retreat	Bev Purdue	916-967-8432
	Vicki Walter	916-459-3021

**Remember . . .
for 2018-2019**

Please make a note of it!

Don't know what this means?- Please ask.



Calendar of Events

Always call for more information when going out of town.

**CHECK THE GUILD'S WEB SITE CALENDAR
FOR COMPLETE INFORMATION.**

January 19-20

Country Crossroads Quilters of Modesto's *Heart of the Valley Quilt & Textile Arts Show*, Modesto Centre Plaza, 10th & K. Sat. 10-5, Sun. 10 - 4. See our Website Calendar

January 24th - 27th

Road to California - Quilter's Conference and Showcase. www.road2ca.com. See their Web site for info.

February 6th - May 27th

And Still We Rise - Take a journey though 400 years of U.S. history on 67 quilts by the Women of Color Quilters Newtork. www.californiamuseum.org/we-rise.

February 8, - 10

Folsom Quilt & Fiber Guild's 34th annual quilt show, *Sew Peaceful*. Folsom Community Center. Friday and Saturday 10:00 to 5:00 and Sunday 10:00 to 4:00. \$7.

April 5th & 6th

Foothill Quilter's Guild presents their 37th quilt show - *Reflections*. Parkside Church & ARD Regional Park 3885 Richardson Dr., Auburn. Friday 10-5, Saturday 10-4, \$8. www.foothillquilters.org

Camp Fire Donations

Many, many thanks to all of you who have given donations to the victims of the Camp Fire. A little background to fill you in on my connection to the area. I have a friend, Cindy Needham, (some of you may know her, know of her, heard about her... She is a quilting teacher - taught all over the world - has a quilting studio in Chico - been friends for probably close to 40 years - our husbands play in a band together - I have taken classes from her - attended her retreats, etc.) who has a daughter who lived in Paradise. They barely made it out - with their fur babies and the clothes on their backs. Cindy has opened her studio for donations, as a place to come sew for the survivors, as a place of community for anyone affected by the fire. I took a load of donated items up on Sunday, November 18. She was VERY appreciative and is working to organize the items that are coming her way. While I was there, several people who have been displaced stopped by. Truly - they are shell-shocked. Her studio provides that "comfort spot" that still provides a sense of familiarity in their lives. I plan on taking another load up after the December 8 luncheon. If you have been wanting to clear some space in your sewing room, please consider donating to this cause. Cash would also be appreciated. I will be collecting at the luncheon. If you can't make it, call me (916 727-1746) and I can arrange a pick up. Again, thank you so much.



Jude Hryce



Carolyn Monson	12/02
Nancy Grundel	12/04
Gwyneth Dunbar	12/09
Judy Snook	12/09
Sandra Rudolph	12/10
Phyllis Esteves	12/16
Lois Larsen	12/27
Claudia Forrest	12/28
Hazel Williams	12/29
Sharon Baxter	12/30
Della Goss	12/30

Because of the luncheon, please share a treat some month when there are just a few birthdays.

Luncheon - 2020

Save the date for the 2020 luncheon, it will be **Saturday, September 12, 2020**. We heard from several people this year that vacation plans conflicted with our luncheon date so we are giving you almost 2 years notice. Put the date on your calendar and we hope to see you then.

Pam Conrad

Member Photos

One new photo was added at the November meeting! Below is the list of those 13 members, for which we have no photograph . . . yet. Please provide a digital photo of your choice by emailing it to Carolyn.

carolyn.monson@gmail.com

OR . . . please have a big smile on your face and be prepared to have your picture taken by Carolyn - she will take multiple iPhone photos of you, from which you can choose your favorite.

Shir Lee Belisle	Carrie Lane	Maryanne Paveglia
Josie Brooks	Rebecca Larsen	Vivian Ticer
Debbie Campora	Stacy Lundberg	Valerie Wong
Natalie Davey	Adeline Macias	
Valerie Kinionl	Irene Moser	

Shhh! There are clues within the newsletter, to win a secret prize. Don't tell a soul.



If you know of a guild member who needs a little, or a lot, of encouragement or a congratulations call Kimberly Hess so she can send out a card from the guild. Kimberly's contact information is: 916-838-1640 or email at dalsnquilts@yahoo.com

Programs & Workshops

Unless otherwise stated, all general meetings are at St. Marks Lutheran Church on the 4th Thursday of the month at 7:00 p.m. . Workshops are 10am - 4pm. Set up begins at 9:30 am, clean-up at 3:30.

If you would like to take a workshop, contact Sheila Galuza
(916) 990-0837

December

Meeting: Guild Potluck Luncheon
Date: Saturday, December 8, 11 am - 2pm

January

Meeting: [Material Girlfriends](#) - "How a Quilter is Pieced."
(Click on link ↑)
Date: January 24
Workshop: Confetti Star
Date: January 26

February

Meeting: [Victoria Johnson Trunk Show](#)"
(Click on link ↑)
Date: February 28
Workshop: Tea Leaf Placemats
Date: March 2

March

Meeting: Tea Party
Date: March 23

April

Meeting: Lynn Mann
Date: April 25
Workshop: TBD
Date: April 27

May

Meeting: Friendship Tea
Date: May 23

June

Meeting: Linda Wagner
Date: June 27
Workshop: TBD
Date: June 29

July

Meeting: Community Service Sewing 4 - 9pm

August

Meeting: Ice Cream Social

September

Meeting: Peggy Martin



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Hours: Mon-Fri - 10am-6pm . Sat - 9am-4pm . Sun - Closed

November General Meeting Minutes

Thursday, November 15, 2018 - 7:00 p.m.

A general meeting of the Golden Valley Quilt Guild was held on Thursday, November 15, 2018, at St. Mark's Lutheran Church, 7869 Kingswood Dr., Citrus Heights, CA. The meeting was called to order by President Lauren Markell at 7:01 p.m. There were 52 members and six guests present. A quorum was established. The visiting guild was Pine Tree Quilt Guild from Grass Valley.

Approval of Minutes

Without objection, the minutes from the October 25th meeting were approved as distributed.

Lauren acknowledged the November birthdays.

New Business

Donations to Camp Fire Victims

We are asking for community service quilts that will be delivered to Chico for fire victims by December 10. You can bring them to the Holiday Luncheon. Without objection, tonight's community service quilts will also go to Chico.

Committee Reports

Facebook—Meeting and event photos will be posted to Facebook. No names will be used.

Mercy Retreat and Zephyr Retreat—Payments due tonight.

Community Service—Sharon Baxter

106 quilts have been donated this month.

Programs—Kris and Sheila

Distributed a survey for members to fill out indicating what kind of programs you're interested in.

Workshops—Sheila Galuza

This Saturday's workshop will be "Split Blade Dresden Plate". January's will be Confetti Under the Stars, February will be Tea Time Placemats by Victoria Johnson (Judy Niemeyer certified). A survey was distributed to choose between a workshop on "Skew the 'A' Word" and "Happy Birthday".

Holiday Luncheon—Donna Palmer

Will be Saturday, December 8, 11-2; potluck and gift exchange.

Rita Traxler is retiring the end of this year. There are cards at the membership table for people to sign.

Program: "Organizing Your Sewing Room" by Anelie Belden.

Announcements

Winners of the drawings were :

Membership Winner: Doris Hardy, Mary Belden, Donna Dale

Quilted Treasures: Tracy Trimble, Melissa Pedroza, Cordelia Min, Rachel Hernandez, Theresa Ablor

Quarterly Drawing: Gheri Guterrez

Meeting adjourned at 9:04 p.m.

Vicki Walter, Secretary



Mystery Quilt

Remember we will be sharing our Mystery quilts at the December 8th luncheon meeting.

If you are missing some of the clues they are on the website. Each clue should only take a few hours or less to finish.

I can't wait to see all of your quilts.

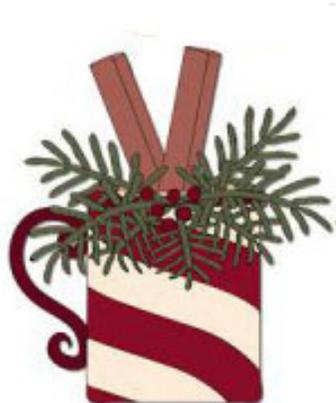
Happy Quilting, Tracy

*Bring a bell (large, small, or many) to our holiday feast.
If you need one see Donna.*

Bring & Brag

Lauren Markell	Lauren Markell	The Church Window
Tracy Trimble	Chugach Range, Bento Box, Mystic Moose	
Linda Zisko	3 Vintage Block Table Runners	
Wendy Radford	3 Quilts For Camp Fire	
Julie Sackett	Secret Sister Gift	
Janet Gilstrap	Baby Quilt, (2013) Block Of The Month	

Rita's is closing its doors December 22nd. :-)





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Membership

We had no new members join our merry band in November, but we did have 6 guests. Thank you to Carol Allen for being our membership hostess this month. Next month our hostess is Kristine Gross. Sadly, it was announced at the meeting that Rita Traxler is retiring and closing her shop. She plans on spending more time with her grandchildren and would like to get back into quilt pattern design. She'll open the store at Swifty Stitches on Mondays and then join the sit and sew group who meet there. For the past two years, she has provided us with some really lovely door prizes.

Thanks to all of you who signed the cards of appreciation we had at the membership table. The cards were mailed to her home.

In addition . . . something that is in the new member welcome packet, is probably something old members would appreciate a refresher on and that is what makes each of our local quilt shops unique. Check out the **LINKS** page on the guild's Web site where you will find the link to **Quilt Shop Monthly Specials.**

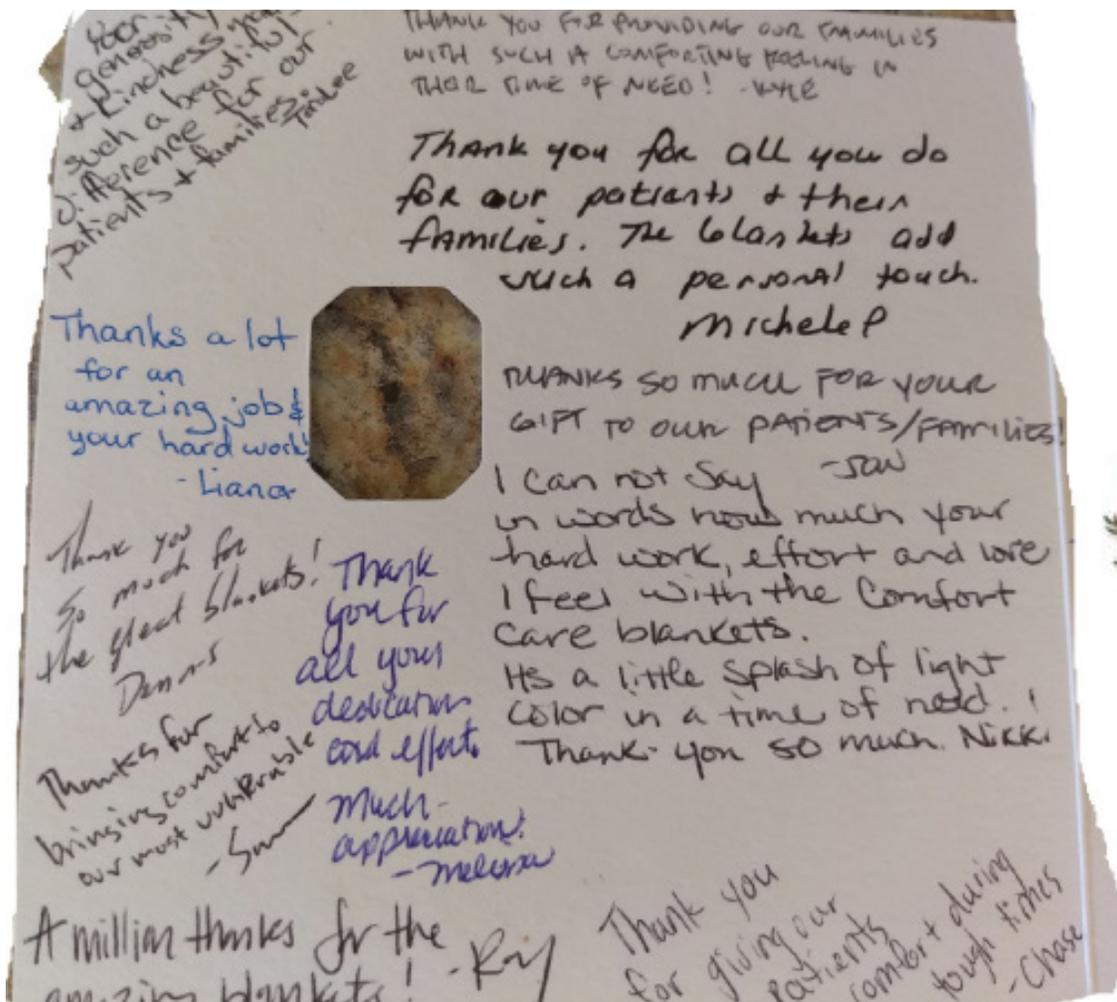
Linda Sliepen - Membership Chairperson



On pages 6 & 7 are a few thank you cards we have received from various people who have received our quilts.

Once again, thank you ladies for all of your donations . . . they are truly appreciated.

Lauren - President



Thank you so much for donating your time & talent. Appreciate the TLC. - Stacey

Thank you so much
Jenny

Thank you all so very much for the beautiful quilts. Our patients and family really appreciate them. - Lauren

Thank you so much for your gifts of warmth and comfort we put on to our patient. It is what David knew

you're such a
My families treasure the comfort blankets. They're so pretty & some thing they can always treasure! - Jack

Thank you for your amazing blankets! They add such brightness to our rooms! Patients/Family really love them! - Sawyer

Your blankets bring warmth to our patients on their worst days. Thank you so much! - Sherrin

Thanks!
Caitlin

Thanks for the beautiful blankets
Flavel

You GUYS ARE AWESOME! Thank You! - DAN



Hello, wonderful ladies of Comfort blankets.

I wanted to tell you for a while how much your blankets mean to me.

My first experience - I bonded with a lovely couple. The daughter was my age. I would call them mom + dad. And if you met them you would feel love, so much love. I checked on their daughter and hope for a speedy recovery but deep inside, you just know. On the day of her transferring into a butterfly, I walked by her room, I noticed this beautiful blanket with amazing colors wrapped around her. ①

"Wow" such lively, bright colors. It can lighten any mood. I was lost with words. When their daughter turned into a butterfly. Mom & Dad came out of the room. My heart was heavy. I told them "I'm so sorry." I know it's hard to lose your child. They told me. This experience was bearable because you are here. As they were heading to the door, I chased them down. You forgot your blanket. "No, No that belongs to you. It's not ours." I was shocked, puzzled and confused. It wasn't until then I heard the words "Comfort blanket, we give comfort blankets to patients at time of transferring into butterflies." → ②



CLEAN AND MOISTURIZE YOUR MAT TO KEEP IT IN TOP SHAPE!

from Quilting Digest

Self-healing cutting mats are among a quilter’s most important tools. They can be a bit pricey so it makes sense to keep them in good shape. Fortunately, it’s not hard to clean them up and extend their life. With care they will provide good service for many years.

Every once in awhile you’ll want to clean off little threads and fibers that get caught in the cuts and keep the mat from “healing”. A soft scrubber (for dishes), an eraser or a soft brush like a toothbrush or mushroom brush will make short work of removing leftover fuzz. A light touch is all it takes. Just make sure the tool you’re using is soft enough to prevent scratching the mat.

Rotary Cutting Mat after cutting up leftover batting to piece into large sheets. Photo from Made By Chrissie D.

Once the mat is clean, it’s time to moisturize it and renew the surface. This involves soaking it in a vinegar and water solution in the bathtub or other large container. Ideally, your mat should lie flat while soaking. However, if you have an extra large mat you may need to let it bend up the side and reposition it gently from time to time so the whole surface gets a good soak.

Soaking a Cutting Mat Adding vinegar to the water in a bathtub. Photo from National Quilters Circle.

For soaking, use cool water, never warm or hot as that can warp the mat. Use a solution of ¼ cup white vinegar per gallon of cool water and let it soak for 15 to 20 minutes. Add a bit of mild dish soap, like Dawn or Ivory, and use a soft brush to gently scrub the surface of the mat (the key word here is SOFT). This will get any straggler fibers that may still be trapped in the cuts.

In the process of cleaning your mat this solution will also moisturize it, making it supple again. Your rotary blades will last longer, too, since they will be cutting into a softer surface.

Once done soaking, rinse it with cool water to remove all residue.

Dry the mat with a soft towel or let it air dry. Make sure it is flat while drying so it doesn’t warp.

TIPS FOR PROLONGING THE LIFE OF YOUR SELF-HEALING CUTTING MAT

In a nutshell, keep your mat clean, moist, flat, away from heat sources and vary where you cut on the mat. Remember, your cutting mat is not a coaster for your coffee cup or a spot to use your laptop!

- Store it flat, not rolled up or standing on edge. This can cause the mat to crack.
- Do not iron on your mat or set hot beverages on the surface. Also, don’t leave it in a hot car, near a hot surface (a heater or such) or in direct sunlight. Heat will cause your mat to warp.
- Moisturize your mat regularly using the soaking method described above.
- Vary where you cut on the mat. Repeatedly using the same cutting lines will cause deep grooves that won’t heal and can eventually cut through the mat.

Cutting Mat Storage Storage idea from Organized Home.

For Cutting Mat Storage hang it in the closet using a pants hanger or hang several mats together with a skirt hanger.

HOW TO (MAYBE) FIX A WARPED CUTTING MAT

Once a mat is warped manufacturers say it will never become flat again. However, we’ve seen several instances where mats have been successfully flattened. This may or may not work for you, but it’s worth a try before pitching the mat. Just keep in mind that while your mat may return to its flat state, the measurement lines may be slightly off.

The general concept for flattening a mat is to gently heat it, layer it between two perfectly flat surfaces and weight it down for several hours. You’re likely to get the best results if you lay the mat on a flat surface, heat it with a hair drier or iron, and cover it completely with another flat surface like a piece of heavy glass or plywood. Put boxes of books or such on top to weight it down.

If you are simply unable to flatten your mat, cut it up into smaller pieces to use where you don’t have room for a larger mat.

We hope these tips help you make the most of your cutting mats. With care they will provide many years of service. Please leave a comment below and add your suggestions for extending the life of cutting mats.

*When the bells start ringing stand up and join in.
We will jingle and mingle, and a prize you will win.*



Community Service

Many quilts were donated this month. Lotte turned in her annual donation to the Citrus Heights Police Department and Hazel made lots of Christmas quilts. In addition, Tracy, Vicki, Beverly and Carol had donations. Wendy even included a Sock Monkey and book with one of the children’s quilts. What a clever idea.

The visiting Opportunity Quilt Guild member stopped by and asked “how do we do it”. She was surprised to hear the Guild doesn’t provide fabric, only batting when requested. What could we say, we have awesome Guild members!

	Lotte Reed	69	Hazel Williams	25
	Beverly Purdue	3	Wendy Radford	3
	Tracy Trimble	3	Vicki Walter	1
	Carol Black	1		
	November Quilts	105	YTD Quilts	508

Thank you all for your wonderful commitment and generosity.

Donna and Sharon
Community Service

We Care

I have recently learned of the organization, WE CARE, in Grass Valley, that is committed to donating quilts & pillowcases to children K-12 that have lost their homes due to disasters.

Though they only began a few short years ago, they have a national reputation & receive quilts from organizations such as Quilts for Kids & Project Linus. School districts reach out to WE CARE about how many quilts are needed. 3600 quilts are needed for the Camp Fire. At this time they especially need quilts for boys. They try to match the theme of the quilt with a child's interest.

WE CARE will deliver 600 quilts & pillowcases that have been collected, wrapped & labeled next week. The organizers will make a delivery each Monday of December (if they have enough quilts to make the trip).

I will have a boy quilt ready for them by Dec. 10. If any of you would like to send your Camp Fire donation quilts to WE CARE, you can give them to me at the Christmas Party on December 8. I will get them to Grass Valley in time for a delivery.

Thanks, Janet Gilstrap

A New Web Page

There is a fairly new page (RESOURCES) on the guild's Website which lists long arm quilters in our area that one might contact to have a quilt quilted. Only 3 have been listed so far. Surely, there are more of you out there who are willing to share information about who does your quilting.

A listed quilter must be someone you use, or have used, as your name will also be listed as "Recommended by (Your Name)" This will make it possible for someone, should they desire, to check out the quilter before they take their quilt to them.

I hope you will recommend a quilter - it is free advertising and helpful to others who might be looking for someone. Please provide the following information about the quilter. . .

Name
Address
Phone number
A biography/history if available

Carolyn Monson - Web master
carolyn.monson@gmail.com



Treasurer's Report

Bank Balance September 2018	
October Income	\$5,073.75
October Expenses	\$883.81
Net Income/Loss	\$4,189.94*
*Actual expenses of \$1,533.81 were offset by return of \$650 Divine Savior deposit from the luncheon	
Account Balance 10/31/18	\$36,121.44
Dedicated Funds:	
Zephyr Retreat	\$2,347.00
Mercy Retreat	\$2,476.38
Charitable/Education	-\$11,739.84
Available Funds on 10/31/18	\$19,558.22

Suggestion Box

At every meeting there is a suggestion box on the membership table where you can (anonymously, or not) . . .

- Leave a suggestion or comment - let us know if you are happy, or unhappy, about something.
- Offer a solution to a problem you've observed.
- Let us know something special about another member.
- Or, e-mail me or the president:
- carolyn.monson@me.com -- Laurenmarkell15@gmail.com
- Your comment will be discussed at a board meeting and then brought to the attention of the membership, if appropriate

Website - www.goldenvalleyquiltguild.org (←Click link)

When did you last check out the guild's Web site?

Here is what you can find:

- Member's ONLY area - Members Photos, Roster, Newsletters
Remember . . . **heart** . . . is the 2018-2019 password.
- Enhanced information about speakers and workshops
- Mystery Quilt instructions
- You can always download a membership form
- Photo of the current and past opportunity quilts
- Links to shops and all sorts of quilt related topics
- Barn Quilt Trail information
- A Google calendar with all sorts of quilt related events
- Information about our Luncheons
- Resource to find a long arm quilter
- By-laws (have you ever read them?)

